



SANCTUARY  
SPA COVENT GARDEN

# NEW AT THE SANCTUARY SPA

## The UK's No.1 Ladies Only Day Spa

Unveiling enhanced and updated facilities including a beautifully **refurbished lounge**, The Sanctuary Spa launches **heavenly new treatments** including new bespoke Jessica manicures and pedicures.

### LUXURIOUS NEW TREATMENTS

#### MELA HOLISTIC EXPERIENCE 115 mins / £120

This 85 minute holistic experience has been inspired by ancient Ayurvedic philosophy designed to keep a healthy balance of mind and body.

The bespoke treatment includes a calming ritual foot bath, followed by a relaxing full body massage and cleansing exfoliation. The body is then enveloped in the wonderfully fragranced, Mela Rose and Pistachio body butter. You will leave feeling totally balanced with glowing, soft and hydrated skin as you sip your 'dosha' specific tea.

#### SERENITY DREAMTIME FLOAT 50 mins / £70

At The Sanctuary Spa, we understand that stress can manifest itself in different ways... some people become lethargic with little energy, while others find it difficult to unwind, relax and sleep. The Serenity Dreamtime Float has been created especially for those who never have the time to slow down. During this blissful floatation experience, you will be able to leave behind the stresses and strains of every day living, and leave feeling relaxed and rejuvenated!

Enjoy a soothing scalp, shoulder and face massage followed by a calming skin nourishing wrap and dry floatation to create a deep state of rest believed to be the equivalent of 3 hours mind and body sleep.

#### THE PERFECT GIFT FOR A LOVED ONE THIS MOTHER'S DAY....

It's the one day mums get to truly relax so make it extra special with a day of luxurious pampering. The Sanctuary has a great range of spa packages, so why not go with her - it's the perfect excuse for a girly catch up and this Mother's Day you can take advantage of our discounted gift vouchers for a limited period only. **Save up to £60 on a selection of vouchers from 1st March – 13th March 2010.**

	PRICE	VALUE SAVING	PRICE WITH DISCOUNT	% SAVING
Day Spa	£69	£15	£54	21.74%
Champagne Day	£130	£25	£105	19.23%
Sanctuary Escape	£193	£38	£155	19.69%
Girls Delight	£310	£60	£250	19.35%

**Monetary Gift Vouchers in values of £25, £50 or £100 and a wide range of day and evening spa packages are available at The Sanctuary Spa or at [www.thesanctuary.co.uk](http://www.thesanctuary.co.uk)**

